

LIFE MANAGEMENT 101



Life Management 101 is helps participants better relate to those around them and balance the many responsibilities in their lives. Life is a journey that requires daily management in order to function properly. A balanced life is not a destination point to be reached. It is a way of living that intersects our effectiveness with our satisfaction.

Seminar Components:

- Personality Compass
- Wheel of Life
- Needs Assessment
- Relationship Inventory
- Life Management Plan and Accountability

This seminar is offered as 2-hour, 4-hour, and 6-hour sessions.
It can also be a 4-session Coaching Package